



Standing from left: Dr. Gregory Fedorcik;
Dr. Teddy Atik; Dr. George Gabuzda;
Dr. Joseph Gower
Seated from left: Dr. Gary Pess,
Dr. Raymond G. Decker Jr.

HONOR ROLL
YEARS
ON THE LIST

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Gary M. Pess, MD, FACS, FAAOS

A renowned expert and pioneer in the treatment of Dupuytren's contracture with needle aponeurotomy and Xiaflex®, Dr. Gary Pess specializes in minimally invasive hand, wrist and elbow procedures. In practice at Central Jersey Hand Surgery for 30 years, Dr. Pess has lectured nationally and internationally, and co-invented a minimally invasive trigger finger release knife. "I treat big hand problems with little incisions," he says. "This allows patients to return to normal function more quickly."

Dr. Pess, who works with colleagues Drs. Raymond Decker, George Gabuzda, Teddy Atik, Gregory Fedorcik and Joseph Gower, treats patients who travel to New Jersey from around the world. Since 1990, his practice has successfully performed more than 20,000 carpal tunnel releases using endoscopic techniques. It also provides cutting-edge PRP injections to treat tendonitis, ligament injuries and thumb arthritis. Dr. Pess is board certified

in orthopedic surgery and received the prestigious added qualifications in hand surgery. A clinical senior instructor in orthopedic surgery at Drexel University College of Medicine, he is a member of the American Society for Surgery of the Hand and a fellow of the American Academy of Orthopaedic Surgeons and the American College of Surgeons.

Dr. Pess' philosophy is to deliver personalized care and treat patients like family members. "Seeing the look of amazement when a patient views straight fingers for the first time in years is my most enjoyable moment," he says.

MEDICAL TRAINING: NYU/Bellevue Hospital (orthopedic surgery residency); Massachusetts General Hospital (fellowship, hand, upper extremity surgery and microsurgery).

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