



From left back: Dr. Teddy Atik; Dr. Gary Pess; Dr. Gregory Fedorcik. From left front: Dr. George Gabuzda, Dr. Raymond Decker Jr.



## Teddy L. Atik, MD, FAAOS, and Gary M. Pess, MD, FACS, FAAOS

### CENTRAL JERSEY HAND SURGERY

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Dr. Gary Pess has practiced at Central Jersey Hand Surgery for 27 years and was joined by Dr. Teddy Atik in 1999. Both doctors specialize in minimally invasive hand, wrist and elbow procedures. Dr. Pess is a renowned expert and pioneer in the treatment of Dupuytren's contracture with needle aponeurotomy and Xiaflex® and has lectured nationally and internationally on both procedures. Dr. Atik, also an expert in treating Dupuytren's contracture, is the co-designer of a new endoscopic carpal tunnel release system. "We initially try to restore function to a patient's hand nonsurgically and then, if necessary, utilize the latest minimally invasive surgical techniques," says Dr. Pess. "This allows patients to return to normal function more quickly."

Board-certified orthopedic surgeons with the prestigious added qualifications in hand surgery, Drs. Pess and Atik, who work with colleagues Drs. Raymond Decker, George Gabuzda and Gregory Fedorcik, routinely treat patients who travel great distances to see them. Both are fellows of the American Academy of Orthopaedic Surgeons, and Dr. Pess is also a fellow of the American College of Surgeons. Their philosophy is to provide personalized care and treat patients like family members.

**MEDICAL TRAINING:** Dr. Atik: NYU/Hospital for Joint Diseases (orthopedic surgery residency); Allegheny General Hospital (fellowship, hand, upper extremity surgery and microsurgery). Dr. Pess: NYU/Bellevue Hospital (orthopedic surgery residency); Massachusetts General Hospital (fellowship, hand, upper extremity surgery and microsurgery).